

SHIN-BUDO KAI CLASS SCHEDULE

Updated: 08/11/2011

MONDAY

6.00pm - 7.00pm
Basic Aikido
7:10pm - 8:10pm
Advanced Weapons*

TUESDAY

6.00pm - 8.00pm
Aikido, Ki Exercise, Ukemi

WEDNESDAY

6.00pm - 8.00pm
Aikido, Ki Exercise, Ukemi

THURSDAY

6.00pm - 7.00pm
Basic Aikido
7:10pm - 8:10pm
Basic Weapons

FRIDAY

6.00pm - 7:10pm
Basic Aikido
7:20pm - 8:20pm
Advanced Aikido*

SATURDAY

10.30am - 11.30am
Genkido
11.40am - 12.40pm
Basic Aikido

SUNDAY

12.30pm - 2.00pm
Basic Aikido, Weapons

All evening classes taught by
Shizuo Imaizumi, 7th Dan

Classes are open to all students
(except *)

Hombu Dojo

77 Eighth Avenue @ 14th St, lower level
New York, New York 10014

By subway: L to 8th Ave; or A, C, E to 14th St
By bus: M14 or M20 to corner of 8th Ave and 14th St

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